

# Day Nursery Menu

## September 2025 – February 2026



|                 | MONDAY                                                                              | TUESDAY                                                     | WEDNESDAY                                                                           | THURSDAY                                                                       | FRIDAY                                                              |                                                                                                                                                                                                                                                                        |
|-----------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------|-------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|---------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| WEEK ONE        |                                                                                     |                                                             |                                                                                     |                                                                                |                                                                     | WEEK COMMENCING:<br><br>1 <sup>st</sup> SEPT 25<br>22 <sup>nd</sup> SEPT 25<br>13 <sup>th</sup> OCT 25<br>3 <sup>rd</sup> NOV 25<br>24 <sup>th</sup> NOV 25<br>15 <sup>th</sup> DEC 25<br>5 <sup>th</sup> JAN 26<br>26 <sup>th</sup> JAN 26<br>16 <sup>th</sup> FEB 26 |
| MAIN COURSE     | Cheesy Topped Vegetable Pasta (V)<br>With Tomato, Spinach & Pepper Carrots          | Minced Beef Hot Pot<br>With Courgette & Potato Crusty Bread | Creamy Vegetable Korma<br>With Mixed Vegetables Lentils & Chickpeas<br>Steamed Rice | Pork Sausage & Bean Ragu<br>With Tomatoes & Mixed Beans<br>Pitta Bread Fingers | Oven Baked Jacket Potato<br>Low Sugar Baked Beans<br>Grated Cheddar |                                                                                                                                                                                                                                                                        |
| VEGETARIAN      | As Above                                                                            | Quorn Mince & Vegetable Hot Pot                             | As Above                                                                            | Vegan Sausage Ragu                                                             | As Above                                                            |                                                                                                                                                                                                                                                                        |
| DESSERT         | Banana                                                                              | Ice Cream with Fruit                                        | Vanilla Cookie                                                                      | Sliced Melon                                                                   | Slice Orange                                                        |                                                                                                                                                                                                                                                                        |
| AFTERNOON SNACK | Cheese & Savoury Biscuits (V)<br>Cream Cheese, Cheddar Cheese & Hummus & Side Salad | Flatbreads with Chicken or Cheese (V)<br>Side Salad         | Pizza Fingers (V)<br>With Tomato Dip<br>Side Salad                                  | Soft Rolls with Cheddar Cheese (V)<br>Side Salad                               | Oven Baked Pork Sausage Roll or Vegan Roll (V)<br>Side Salad        |                                                                                                                                                                                                                                                                        |
| WEEK TWO        |                                                                                     |                                                             |                                                                                     |                                                                                |                                                                     | WEEK COMMENCING:<br><br>8 <sup>th</sup> SEPT 25<br>29 <sup>th</sup> SEPT 25<br>20 <sup>th</sup> OCT 25<br>10 <sup>th</sup> NOV 25<br>1 <sup>st</sup> DEC 25<br>22 <sup>nd</sup> DEC 25<br>12 <sup>th</sup> JAN 26<br>2 <sup>nd</sup> FEB 26                            |
| MAIN COURSE     | Root Vegetable & Potato Casserole<br>With Crusty Bread                              | Pork Meatballs in Gravy<br>New Potatoes & Peas              | Beef Bolognaise Pasta Bake<br>With Mixed Peppers<br>Carrots                         | Jackfruit Korma Curry<br>With Peas & Cauliflower<br>Naan Bread                 | Sweet & Sour Pork<br>With Green Beans, Peppers & Sweetcorn<br>Rice  |                                                                                                                                                                                                                                                                        |
| VEGETARIAN      | As Above                                                                            | Vegan Meatballs in Gravy (V)                                | Veggie Mince Bolognaise Pasta Bake (V)                                              | As Above                                                                       | Sweet & Sour Quorn (V)                                              |                                                                                                                                                                                                                                                                        |
| DESSERT         | Fruit Salad                                                                         | Vanilla Flapjack                                            | Fruit Slices in Juice<br>with Natural Yoghurt                                       | Vanilla Ice Cream<br>with Fruit Puree                                          | Fruit Jelly (Low Sugar)<br>With Whipped Cream                       |                                                                                                                                                                                                                                                                        |
| AFTERNOON SNACK | Cheese & Savoury Biscuits (V)<br>Cream Cheese, Cheddar Cheese & Hummus & Side Salad | Bagels with Chicken<br>Side Salad                           | Tortilla Wraps with Ham<br>Side Salad                                               | Wholemeal Sandwiches with Chicken<br>Side Salad                                | Pizza Fingers (V)<br>With Tomato Dip<br>Side Salad                  |                                                                                                                                                                                                                                                                        |
| WEEK THREE      |                                                                                     |                                                             |                                                                                     |                                                                                |                                                                     | WEEK COMMENCING:<br><br>15 <sup>th</sup> SEPT 25<br>6 <sup>th</sup> OCT 25<br>27 <sup>th</sup> OCT 25<br>17 <sup>th</sup> NOV 25<br>8 <sup>th</sup> DEC 25<br>29 <sup>th</sup> DEC 25<br>19 <sup>th</sup> JAN 26<br>9 <sup>th</sup> FEB 26                             |
| MAIN COURSE     | Oven Baked Jacket Potato<br>Low Sugar Baked Beans<br>Grated Cheddar                 | BBQ Pork<br>With Mixed Vegetables<br>Steamed Rice           | Cheesy Topped Vegetable Pasta (V)<br>With Tomato, Spinach & Courgette<br>Carrots    | Root Vegetable & Butternut Squash Casserole<br>Herby Roasted New Potatoes      | Moroccan Fish Stew<br>Mixed Vegetables, Chickpeas & Lentils<br>Rice |                                                                                                                                                                                                                                                                        |
| VEGETARIAN      | Oven Baked Vegan Roll (V)                                                           | BBQ Jackfruit (V)                                           | As Above                                                                            | As Above                                                                       | Moroccan Vegetable Stew (V)                                         |                                                                                                                                                                                                                                                                        |
| DESSERT         | Banana                                                                              | Fruit Slices in Juice<br>with Natural Yoghurt               | Vanilla Ice Cream<br>with Fruit Puree                                               | Sliced Orange                                                                  | Apricot Flapjack                                                    |                                                                                                                                                                                                                                                                        |
| AFTERNOON SNACK | Tortilla Wraps with Ham<br>Side Salad                                               | Pasta Twists with Herby Tomato Sauce & Grated Cheese (V)    | Flatbreads with Ham<br>Side Salad                                                   | Soft Rolls with Chicken<br>Side Salad                                          | Wholemeal Sandwiches with Cheese (V)<br>Side Salad                  |                                                                                                                                                                                                                                                                        |